

Kids in the Kitchen

October 20, 2017 from 11am - 12:30pm



**Free
PA DAY**
workshop

Join York Region Food Network for a free cooking workshop for kids (ages 7 -12). Kids will be in the kitchen with Chef Maxine Knight, experimenting with healthy after-school snacks. Parents/guardians can enjoy a facilitated conversation about healthy family food.

This workshop is sponsored by Healthy Kids Community Challenge Aurora.

Location: 350 Industrial Parkway S., Aurora

Register at <https://healthykidsinthekitchen.eventbrite.com>. For more information contact Kate at 905-841-3101 ext. 206.