

YOUR
LOGO
HERE



SCHOOL NAME HERE Presents

Family Wellness Night

DATE

TIME at SCHOOL NAME

Limited spots, please RSVP by **DATE**

You are invited to an evening of fun and healthy learning at SCHOOL NAME HERE

- CONTENT OF NIGHT HERE E.G.:
- Fun and energetic Karate class
- Get energised with a Zumba class
- Get creative in our arts and crafts room
- Learn Physical Literacy with Activate Aurora
- Learn about Town of Aurora facilities
- Hear about online safety from Officer Ron
- Meet St John's Ambulance Therapy Dogs
- Learn how to ride your bike safely by Pedalheads
- Please dress appropriately and bring your refillable water bottle to stay hydrated
- Meet York Region Food Network, YRCCS and CMHA
- Raffle prizes
- Children **MUST** be accompanied by an adult



Bring back your registration form.

Be a part of all the great activities with your friends and family!

