

This FREE, hands-on introductory, healthy cooking class series will provide children and parents the opportunity to experience the joys of cooking! This series of 3 sessions will provide fun, easy to make and healthy recipes for your family. Classes are open to parents/guardians, 18 years or older with children 8 to 13 years of age. Parents/Guardians MUST register and participate with their children. Please register each family member individually. This program is sponsored by the Healthy Kids Community Challenge Aurora, managed by the WindFall Ecology Centre.



Start Date: March 8, 2017 Time: 5:00pm to 6:30pm Location: AFLC Fee/Class: FREE/3 Course Code: 8492



For details on how to register, visit <u>www.aurora.ca/recguide</u>. For more information, please contact Community Programs Coordinator, Jodi Alexander at (905) 726—4761 or jalexander@aurora.ca